

AGOST 2022

	DILLUNS 8	DIMARTS 9	DIMECRES 10	DIJOURS 11	DIVENDRES 12
18:30 19:15	PILATES CORINA	SPINNING CORINA	TBC CORINA	SPINNING CORINA	SPINNING (19:00-19:45) CORINA
19:30 20:15	LATINO CORINA	PILATES CORINA	LATINO CORINA	ABS EXPRESS + ESTIRAMENTS CORINA	ABS EXPRESS (19:45-20:15) CORINA
	DILLUNS 15	DIMARTS 16	DIMECRES 17	DIJOURS 18	DIVENDRES 19
18:30 19:15	FESTIU	SPINNING NURIA	TBC NURIA	SPINNING NURIA	SPINNING (19:00-19:45) NURIA
19:30 20:15		PILATES NURIA	ZUMBA MARINA	ABS EXPRESS + ESTIRAMENTS NURIA	ABS EXPRESS (19:45-20:15) NURIA
	DILLUNS 22	DIMARTS 23	DIMECRES 24	DIJOURS 25	DIVENDRES 26
18:30 19:15	PILATES NURIA	SPINNING NURIA	TBC ISABEL	SPINNING ISABEL	FESTA MAJOR
19:30 20:15	TBC NURIA	PILATES NURIA	ZUMBA ISABEL	ABS EXPRESS + ESTIRAMENTS ISABEL	